Educational activities of the Hellenic Association of Psychiatric Trainees: Experience and perspectives

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The Hellenic Association of Psychiatric Trainees (H.A.P.T.) represents the Greek trainees in psychiatry and is a committee of the Hellenic Psychiatric Association (H.P.A.), which was founded on May 1995, under the scope of taking initiatives concerning the education of its members. In this context, the H.A.P.T. has been regularly organizing educational seminars, in cooperation with the H.P.A, which offer the chance of participation to the majority of the Greek psychiatric trainees. Since December 2000, it has organized seven such meetings characterized by numerous participants and lectures that covered several topics of psychiatric knowledge. We present the current educational needs of the Greek psychiatric trainees, our experience from the organization of these seminars and discuss their perspectives. The educational needs of the Greek psychiatric trainees seem multidimensional and refer to the biological, psychological and social aspects of psychiatry, integrated in the new environment of modern technology and informatics. Contributing to the effort of the H.P.A. for an efficient fulfillment of the aforementioned needs and in parallel with the training programs of the various training centers in Greece, the educational meetings of the H.A.P.T. have also achieved the accomplishment of two more goals, the facilitation of communication and the reinforcement of cooperation among Greek psychiatric trainees, who evaluate their organization in a positive way. Consequently, it would be necessary to assure the continuation of the educational seminars for the Greek psychiatric trainees through their improvement and constant evolution. Our ambition is to incorporate them in the formal educational program of the H.P.A.

**Key words:** Hellenic Association of Psychiatric Trainees, experience, perspectives, postgraduate psychiatric education.

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**ΒΙΒΛΙΟΓΡΑΦΙΑ**

1. Ελληνική Ψυχιατρική Εταιρεία: Καταστατικό και Κανόνες Λειτουργίας της Επιτροπής της Ελληνικής Ψυχιατρικής Εταιρείας για τα Δόκιμα Μέλη της στα Ειδικευόμενα στην Ψυχιατρική Ενηλίκων. Αθήνα, Μάιος 1995.