

"PSYCHIATRIKI"

INSTRUCTIONS TO CONTRIBUTORS

PSYCHIATRIKI is the official journal of the Hellenic Psychiatric Association. It is published quarterly and has the same scope as the Hellenic Psychiatric Association, namely the advancement of Psychiatry. The journal follows the standards approved by the International Council of Scientific Publishers. For a detailed description of the specifications see "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" (www.CouncilScienceEditors.gr). Other sources: *Br Med J* 1991, 302:338–341/*Can Med Assoc J* 1995, 152:1459–1465.

Apart from the printed edition, the journal is freely available in electronic version at the websites: www.psych.gr or www.betamedarts.gr

The journal "PSYCHIATRIKI" accepts manuscripts for consideration with the understanding that they represent original material not previously published (except in abstract form) or submitted for publication elsewhere. All authors of a paper submitted must sign the submission form (found in all issues of the journal) and declare that they agree with the text of the paper, the publication in the journal and the transfer of the copyright to the publishers. The authors also declare that: (a) there was no source of financial support (if any should be stated), (b) there were no conflicting interests concerning the material submitted, (c) the protocol of the research project has been approved by the Ethics Committee of the Hospital or the Institution within the work was undertaken according to the ethical standards laid down in the Declaration of Helsinki (1995) as revised in Edinburgh (2000) and (d) that the patients gave their informed consent prior to their inclusion in the study.

The acceptance criteria for all papers are the quality and originality of the research and its significance to the journal readership. All papers submitted are first screened by the Editor or members of the Editorial Board for suitability and quality.

If suitable, papers are then reviewed by two reviewers expert in the field. Reviewers are blinded as to the contributors of each paper. The reviewers remain anonymous for contributors. The comments of the reviewers along with proposed revisions or corrections are sent to the authors. The authors are informed of the final decision of the Editorial Board after the procedure of review is over. The names of the reviewers for the past year appear in a list in the first issue of the next year. The Editorial Board reserve the right to modify typescripts to eliminate ambiguity and repetition and improve communication between authors and readers.

TYPES OF ARTICLES

1. **Editorials:** Short articles (up to 500 words and 5 references) covering topics of particular importance, written by members of the Editorial Board and by invited authors.
2. **Review articles:** Should be written by one or two authors. They should not exceed 7,500 words.
3. **Research papers:** These articles must be based on a research protocol. Statistical evaluation of the findings is essential. They should not exceed 3,000 words.
4. **Brief communications:** This section includes research reports which can be accommodated in a small space. They should not exceed 1,500 words.
5. **Special articles:** Invited articles concerning topics of special interest.
6. **Case reports:** This section includes interesting case reports and descriptions of cases where new diagnostic or/and therapeutic methods have been applied (up to 1500 words).
7. **General articles:** These articles may reflect opinions on the theory and practice of Psychiatry, on the systems of provision of psychiatric services, on matters concerning the borderland between Psychiatry and other specialties or disciplines, etc. They should not exceed 2,000 words. The Editorial Board may suggest shortening of these articles in order to be included in the «Letters to the Editor» section.
8. **Letters to the editor:** Brief letters (maximum 400 words) will be considered for publication. These may include comments or criticisms of articles published in *PSYCHIATRIKI*, comments on current psychiatric topics of importance, preliminary research reports.
9. **Book review:** Presentation and critical review of selected books is carried out by the editorial board or by persons invited by it.
10. **Issues in English:** The issues of *PSYCHIATRIKI* will be published in Greek. Once or twice a year the issues will be published in English (with extensive abstract in Greek, 400–500 words). In this issue, papers by foreign and Greek writers will be published. Papers by Greek writers could be submitted in Greek or in English. Papers submitted in Greek that have been chosen to publication in English will be translated with the cooperation of the Editorial Board and the writers.

SUBMISSION

Papers either in English or in Greek are considered for publication and should be sent to:

Journal PSYCHIATRIKI
Hellenic Psychiatric Association,
17, Dionisiou Eginitou str., GR-115 28 Athens, Greece
e-mail: editor@psych.gr

The original manuscript, three copies as well as a copy on a diskette or an electronic copy by e-mail should be submitted. The text must be written with a word processor compatible with any Windows program, or with any program for a Macintosh computer.

The submitted manuscripts should be accompanied by the "Submission form" accurately filled in. Submission form can be found in every issue of the journal.

A code number to be used in further correspondence will be assigned to all papers submitted. Manuscripts should be typewritten, double-spaced on one side of the paper with a margin of at least 3.5 cm. On the right upper corner of the first page a characterization on the article should appear (e.g., Brief Communication, Research Article).

ARRANGEMENT

All pages must be numbered, starting with the title page.

Title page: It indicates the title (which should not exceed 12 words), the names and surnames of the authors, the Institute, Hospital, University, etc. where the work was conducted and the address, telephone number and e-mail of the author who will be responsible for the correspondence. In the same page appreciation for those who have contributed to the presented work can also be included.

Abstract: The second page must include an informative abstract (about 300 words) as well as 4–5 key words.

Main part: Must be divided in sections (e.g., for the Research Papers: Introduction, Material and method, Results, Discussion). Results appearing in the tables should not be reported again in detail in the text.

References: They must be identified in the text by arabic numbers (in brackets) and must be numbered in the order in which they are first mentioned in the text (Vancouver system), e.g. *Birley¹ found that... but Alford² disagreed*. Cite the names of all authors. The list of references should include only those publications which are cited in the text.

References should not exceed 100 in the Review articles and the Special articles, 50 in the General articles, 15 in the Brief

Communications and in Case reports, and 5 in the Editorials and the Letters to the Editor.

The following paradigms illustrate the various reference categories:

1. Birley JLT, Adear P, Singer D, Rosenberg M. Electro-gastrographic studies in elderly patients. *Gastroenterology* 1980, 79:311–314 (Journal Article).
2. Alford J, Nemiah J. Peptic ulcer in childhood. In: Sodeman WA (ed) *Pathologic Physiology*. Saunders, Philadelphia, 1970:457–472 (Chapter in Book).
3. Kinden A. *Stress and emotion*. Springer, Berlin, 1990 (Book).
4. Larsen E, Elliot B. Fatigue in major depression. *Psychiatriki* 2007, (Suppl 1):S143–S144 (Journal Supplement)
5. Silverstone A, Leman H, Stark J. *Attempted suicide by drug-overdose*. Paper presented at 2nd Congress on Suicide behaviour, 4–6 May 2002, Rome, Abstracts Book, pp 212–213 (Conference Presentation - Abstract Book)
6. Henry A, Andrews B. *Critical issues for parents with mental illness*. N.Y. Centre for Mental Health Services 2001 (Cited 2 June 2005) Available from www.mentalorg/publications (Website)

Abbreviations of journals should conform to the style used in *Index Medicus*; journals not indexed there should not be abbreviated.

Tables: They must appear in a separate page, double-spaced. They must be numbered in the order in which they are mentioned on the text, with arabic numbers (table 1). A descriptive concise title should be included. Avoid vertical lines.

Figures: They must be professionally prepared glossy or other camera-ready prints. They must be numbered with arabic numbers (figure 1) in the order in which they appear in the text. The figure number, the authors' names, the title on the paper and the figure title should be written with soft pencil on the back of each figure (or on a label affixed to it). A copy of each table and figure must be included with each copy of the manuscript.

Symbols and abbreviations: Spell out all abbreviations (other than those for units of measure) the first time they are used. Follow Iatriki 1980, 37:139 (in Greek) or «Units, Symbols and Abbreviations: a Guide for Biological and Medical Editors and Authors» (3rd ed, 1977) available from the Royal Society of Medicine of the United Kingdom.

Proofs: Proofs will be sent to the first author of each article. Extensive changes are not allowed in proof.